## Keep Children Safe on Halloween

**DOVER** — Halloween is one of the most dangerous days of the year for pedestrians, according to Safe Kids Worldwide. Children are more than twice as likely to be hit by a car and killed on Halloween than on any other day of the year. In Delaware, 23 pedestrians of all ages have died through Oct. 14 of this year, up more than 40 percent over the same point last year, according to the Delaware Office of Highway Safety.

The Safe Kids Delaware Coalition reminds parents to take precautions to keep their children safe while trick-or-treating:

- Cross the street at corners and use crosswalks. Obey traffic signals and make sure vehicles are stopping before crossing.
- Look left, right, and left again when crossing. Keep looking as you cross.
- Put electronic devices down and keep heads up. Walk (do not run) across the street.
- Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.

## Trick or Treat with an Adult

Children under the age of 12 should not be alone at night

without adult supervision. If kids are mature enough to be out without supervision, remind them to stick to familiar, well-lit areas and to trick-or-treat in groups. While some cities and municipalities may set specific hours for trick or treating, Delaware does not have uniform trick or treat hours.

## **Keep Costumes Creative and Safe**

- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- When selecting a costume, make sure it is the right size to prevent trips and falls.

The Safe Kids Delaware Coalition, an affiliate of SAFE KIDS Worldwide®, is a nonprofit organization established in 1989, comprised of volunteers dedicated to reducing unintentional childhood injury in children from birth to age 14. The Delaware Division of Public Health (DPH) serves as the lead agency for Safe Kids Delaware.

For more safety tips on topics for children, visit <a href="https://www.safekids.org/">https://www.safekids.org/</a>. For more information about Safe Kids Delaware, visit: <a href="https://www.dhss.delaware.gov/dph/ems/safekids.html">https://www.dhss.delaware.gov/dph/ems/safekids.html</a>.

A person who is deaf, hard-of-hearing, deaf-blind or speech-disabled can call the DPH phone number above by using TTY services. Dial 7-1-1 or 800-232-5460 to type your conversation to a relay operator, who reads your conversation to a hearing person at DPH. The relay operator types the hearing person's spoken words back to the TTY user. To learn more about TTY availability in Delaware, visit http://delawarerelay.com.

The Delaware Department of Health and Social Services is committed to improving the quality of the lives of Delaware's citizens by promoting health and well-being, fostering self-sufficiency, and protecting vulnerable populations. DPH, a division of DHSS, urges Delawareans to make healthier choices with the 5-2-1 Almost None campaign: eat 5 or more fruits and vegetables each day, have no more than 2 hours of recreational screen time each day (includes TV, computer, gaming), get 1 or more hours of physical activity each day, and drink almost no sugary beverages.